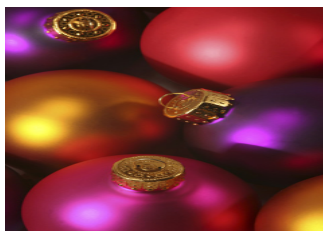


DECEMBER 2009

St. Cloud, Minnesota



Talahi Adult Day Services



LOUNGE ACTIVITIES	MON	TUE	WED	THU	FRI	LOUNGE ACTIVITIES
QUILT SQUARES RUMMY 500 CRAZY 8 WORD FINDS SHAKE LOOSE A MEMORY FLASH CARDS WORD STORM		9:30 Coffee / Current Events 10:00 Men's Group/Students from SCSU 11:00 Best Age Exercise 12:00 Lunch 1:00 Music at 2:00 St. Bens 2:30 Snack Decorate Room	9:30 Coffee / Current Events 10:00 Baking Russian Tea Cakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Angel ornament 2:00 Spa/flash cards 2:30 Snack Russian Tea Cakes	9:30 Coffee / Current Events 10:00 Foster Companions 11:00 Best Age Exercise 12:00 Lunch 1:00 Reindeer ornament 2:00 Dollar store 2:30 Snack	9:30 Coffee / Current Events 10:00 Baking Fudge x2/ Dice 11:00 Best Age Exercise 12:00 Lunch 1:00 Yahtzee 2:00 Bunco 2:30 Snack Fudge National Dice Day	SCHOOL DAYS SPA LOUNGE JEWELRY COLLECTION MOVIES BOOKS AND MAGAZINES SCRABBLE SEQUENCE
PHOTO REMINISCING HAND SOAKS FOOT SPA PLANTING POTS ARRANGING FLOWERS SPELLING BEE	9:30 Coffee / Current Events 10:00 Baking Sugar Cookies x2 11:00 Best Age Exercise 12:00 Lunch 1:00 Snow flakes 2:00 Stamping 2:30 Snack	9:30 Coffee / Current Events 10:00 Men's group/Students from SCSU 11:00 Best Age Exercise 12:00 Lunch 1:00 Frost Sugar Cookies 2:00 Play Wii 2:30 Snack Sugar cookies	9:30 Coffee / Current Events 10:00 Baking Wreaths W/cornflakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Christmas card making 2:00 Spa/stories 2:30 Snack Wreaths X- Mas Card Day	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Miracle on 34th street 2:00 movie w/popcorn 2:30 Snack	9:30 Coffee / Current Events 10:00 Baking Candy cane cookies 11:00 Best Age Exercise 12:00 Lunch 1:00 Snow flake button orn 2:00 Paint winter scene 2:30 Snack cookies	WOOD SANDING CERAMIC PAINTING PAPER STAMPING RELAXATION/REST UNO SNACK MAKING BOGGLE
FOLDING CLOTHES SORTING SEA SHELLS SETTING TABLES BAKING GROUP BEAN BAG TOSS BEACH BALL TOSS MUSIC APPRECIATION	9:30 Coffee / Current Events 10:00 Baking Russian tea cakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Yahtzee 2:00 Poetry 2:30 Snack	9:30 Coffee / Current Events 10:00 Men's group/Students from SCSU 11:00 Best Age Exercise 12:00 Lunch 1:00 Play pool at 2:00 Whitney 2:30 Snack	9:30 Coffee / Current Events 10:00 Baking ginger bread cookies/men 11:00 Best Age Exercise 12:00 Lunch 1:00 Shake loose a memory 2:00 Orange clove ornament 2:30 Snack	9:30 Coffee / Current Events 10:00 Foster Companions 11:00 Best Age Exercise 12:00 Lunch 1:00 Decorate ginger 2:00 cookies 2:30 Snack cookies	9:30 Coffee / Current Events 10:00 Baking almond bark pretzels/ Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Ice cream ornament 2:00 Scrapbooking 2:30 Snack pretzels	CONNECT FOUR TRAVEL BACK IN HISTORY SKIP-BO ROLLING SILVERWARE SMALL APPLIANCE - REPAIR STATION
MEDITATION/DEVOTIONS SPONGE PAINTING ART MURALS DRAWING AND PAINTING YHATZEE KITCHEN BUSY BOX	9:30 Coffee / Current Events 10:00 Light bulb ornament 11:00 Best Age Exercise 12:00 Lunch 1:00 Finish ornament 2:00 Color sheets 2:30 Snack Winter begins !!	9:30 Coffee / Current Events 10:00 Men's group/Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Ginger bread house 2:00 Grinch movie 2:30 Snack	9:30 Coffee / Current Events 10:00 Cinn. Applesauce orn 11:00 Best Age Exercise 12:00 Lunch 1:00 shake loose a memory 2:00 spa/Christmas trivia 2:30 Snack	Christmas Eve Day!! ADC Closed MERRY CHRISTMAS	Christmas Day!! ADC Closed MERRY CHRISTMAS	CLIP/SORT COUPONS POETRY MATH WORKSHEETS PROVERBS & SIMILES WEDDING MEMORIES
TOOLS OFFICE WORK AUTOMOBILE BUSY BOX MENDING BUTTONS LACING BASEBALL FARMING	9:30 Coffee / Current Events 10:00 Baking wreaths W/ cornflakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Quilting squares 2:00 Quilting 2:30 Snack Nat'l Quilters Day	9:30 Coffee / Current Events 10:00 Men's group/dice 11:00 Best Age Exercise 12:00 Lunch 1:00 Word storm 2:00 Happy hour w/Louise 2:30 Snack	9:30 Coffee / Current Events 10:00 Baking Russian tea cakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Word storm 1:00 Scrapbooking 2:00 Dominos 2:30 Snack	9:30 Coffee / Current Events 10:00 Color Sheets 11:00 Best Age Exercise 12:00 Lunch 1:00 New Years 2:00 Eve Party 2:30 Snack NEW YEARS EVE!!		Stone: Turquoise Colors: Indigo and Green Flower: Narcissus

