



October 2009

St. Cloud, Minnesota

Talahi Adult Day Services



LOUNGE ACTIVITIES	MON	TUE	WED	THU	FRI	LOUNGE ACTIVITIES
QUILT SQUARES RUMMY 500 CRAZY 8 WORD FINDS SHAKE LOOSE A MEMORY FLASH CARDS WORD STORM	Waxed leaves Leaf rubbings Tissue Paper Tree/Leaves Place mate	National Popcorn Month 		9:30 Coffee / Current Events 10:00 Puzzles 11:00 Best Age Exercise 12:00 Lunch 1:00 Drive to SJU to 2:00 Look @ Fall Trees 2:30 Snack <i>1</i>	9:30 Coffee / Current Events 10:00 Bingo/Baking M&M Bars 11:00 Best Age Exercise 12:00 Lunch 1:00 Craft-paper paper/ foam pumpkin 2:00 Uno <i>2</i>	SCHOOL DAYS SPA LOUNGE JEWELRY COLLECTION MOVIES BOOKS AND MAGAZINES SCRABBLE SEQUENCE
PHOTO REMINISCING HAND SOAKS FOOT SPA PLANTING POTS ARRANGING FLOWERS SPELLING BEE	9:30 Coffee / Current Events 10:00 Flash Cards 11:00 Best Age Exercise 12:00 Lunch 1:00 Craft –Leaf wreath 2:00 Beach Ball Toss 2:30 Snack <i>5</i>	9:30 Coffee / Current Events 10:00 Men's group/Baking Cup Cakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Music at 2:00 St. Bens 2:30 Snack <i>6</i>	9:30 Coffee / Current Events 10:00 Uno 11:00 Best Age Exercise 12:00 Lunch 1:00 New 2:00 Library 2:30 Snack Trail Mix Happy Birthday Doris ! <i>7</i>	9:30 Coffee / Current Events 10:00 Foster Companions 11:00 Best Age Exercise 12:00 Lunch 1:00 Finish craft/ball toss 2:30 Snack Root Beer Floats Happy Birthday Billie! <i>8</i>	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Uno 2:00 Sorting 2:30 Snack <i>9</i>	WOOD SANDING CERAMIC PAINTING PAPER STAMPING RELAXATION/REST UNO SNACK MAKING BOGGLE
FOLDING CLOTHES SORTING SEA SHELLS SETTING TABLES BAKING GROUP BEAN BAG TOSS BEACH BALL TOSS MUSIC APPRECIATION	9:30 Coffee / Current Events 10:00 Flash Cards 11:00 Best Age Exercise 12:00 Lunch 1:00 Scrapbooking 2:00 Poetry 2:30 Snack <i>12</i>	9:30 Coffee / Current Events 10:00 Men's group/Baking Nut Goodie Bars 11:00 Best Age Exercise 12:00 Lunch 1:00 Sleep 2:00 Hollow 2:30 Snack <i>13</i>	9:30 Coffee / Current Events 10:00 Uno 11:00 Best Age Exercise 12:00 Lunch 1:00 Spa Day 2:00 Jokes/Riddles 2:30 Snack <i>14</i>	9:30 Coffee / Current Events 10:00 Puzzles 11:00 Best Age Exercise 12:00 Lunch 1:00 Pumpkin 2:00 Painting 2:30 Snack Carmel Apples <i>15</i>	9:30 Coffee / Current Events 10:00 Bingo/Baking Carmel Apple Cupeakes 11:00 Best Age Exercise 12:00 Lunch 1:00 Craft-Spider 2:00 Scrapbooking 2:30 Snack <i>16</i>	CONNECT FOUR TRAVEL BACK IN HISTORY SKIP-BO ROLLING SILVERWARE SMALL APPLIANCE - REPAIR STATION
MEDITATION/DEVOTIONS SPONGE PAINTING ART MURALS DRAWING AND PAINTING YHATZEE KITCHEN BUSY BOX	9:30 Coffee / Current Events 10:00 Craft-Gift Bags 11:00 Best Age Exercise 12:00 Lunch 1:00 Memory Game 2:00 Worksheets 2:30 Snack Chex Mix <i>19</i>	9:30 Coffee / Current Events 10:00 Men's group/ Pump. Painting 11:00 Best Age Exercise 12:00 Lunch 1:00 Pool @ 2:00 Whitney <i>20</i>	9:30 Coffee / Current Events 10:00 Uno 11:00 Best Age Exercise 12:00 Lunch 1:00 Craft –Cat hat 2:00 Spelling Bea 2:30 Snack <i>21</i>	9:30 Coffee / Current vents 10:00 Foster Companions 11:00 Best Age Exercise 12:00 Lunch 1:00 Word Storm 2:00 Bean Bag Toss 2:30 Snack <i>22</i>	9:30 Coffee / Current Events 10:00 Bingo/Baking Bars 11:00 Best Age Exercise 12:00 Lunch 1:00 Yahtzee 2:00 Ring Toss 2:30 Snack <i>23</i>	CLIP/SORT COUPONS POETRY MATH WORKSHEETS PROVERBS & SIMILES WEDDING MEMORIES
TOOLS OFFICE WORK AUTOMOBILE BUSY BOX MENDING BUTTONS LACING BASEBALL FARMING	9:30 Coffee / Current Events 10:00 Craft-Gift Bags 11:00 Best Age Exercise 12:00 Lunch 1:00 Memory 2:00 Sorting 2:30 Snack <i>26</i>	9:30 Coffee / Current Events 10:00 Men's group/Baking Chocolate Chunk Cookies 11:00 Best Age Exercise 12:00 Lunch 1:00 Football Facts/Trivia 2:00 Skip-ho 2:30 Snack <i>27</i>	9:30 Coffee / Current Events 10:00 Uno 11:00 Best Age Exercise 12:00 Lunch 1:00 Spa/Hand &Foot soaks 2:00 Memory Game 2:30 Snack <i>28</i>	9:30 Coffee / Current Events 10:00 Craft-Candy Corn 11:00 Best Age Exercise 12:00 Lunch 1:00 Movie &Popcorn 2:00 Halloween Town 2:30 Snack-Popcorn <i>29</i>	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Halloween 2:00 Party 2:30 Snack <i>30</i>	