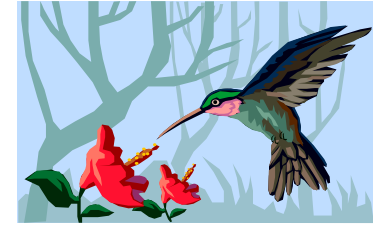






# September 2009

St. Cloud, Minnesota



# Talahi Adult Day Services



LOUNGE ACTIVITIES	MON	TUE	WED	THU	FRI	LOUNGE ACTIVITIES
QUILT SQUARES RUMMY 500 CRAZY 8 WORD FINDS SHAKE LOOSE A MEMORY FLASH CARDS WORD STORM		9:30 Coffee / Current Events 10:00 Men's Group/Baking Honey Muffins 11:00 Best Age Exercise 12:00 Lunch 1:00 Music at 2:00 St. Ben's 2:30 Snack Cut out fall foliage	9:30 Coffee / Current Events 10:00 Poetry Group 11:00 Best Age Exercise 12:00 Lunch 1:00 Hand and Foot soaks 2:00 Decorate for Sep/fall 2:30 Snack-Root Beer Float	9:30 Coffee / Current Events 10:00 Footprints craft 11:00 Best Age Exercise 12:00 Lunch 1:00 Autumn bouquet craft 2:00 Pg 25 '00 2:30 Snack Cut out fall foliage	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Spa Day 2:00 office Work 2:30 Snack-Dump Cake Happy Birthday Lynn !	SCHOOL DAYS SPA LOUNGE JEWELRY COLLECTION MOVIES BOOKS AND MAGAZINES SCRABBLE SEQUENCE
PHOTO REMINISCING HAND SOAKS FOOT SPA PLANTING POTS ARRANGING FLOWERS SPELLING BEE	ADC CLOSED FOR LABOR DAY!!!! 	9:30 Coffee / Current Events 10:00 Men's Group/ Baking nut goodie bars 11:00 Best Age Exercise 12:00 Lunch 1:00 Pool @ 2:00 Whitney Senior Center 2:30 Snack	9:30 Coffee / Current Events 10:00 Poetry Group 11:00 Best Age Exercise 12:00 Lunch 1:00 Scenic Drive 2:00 Scenic Drive 2:30 Snack-M & M'S Grand Parent's Day!!	9:30 Coffee / Current Events 10:00 Scrapbooking 11:00 Best Age Exercise 12:00 Lunch 1:00 Nature Walk 2:00 Flash Cards 2:30 Snack- Puppy Chow	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 All Season Banner 2:00 Craft pg 25 '04 2:30 Snack	WOOD SANDING CERAMIC PAINTING PAPER STAMPING RELAXATION/REST UNO SNACK MAKING BOGGLE
FOLDING CLOTHES SORTING SEA SHELLS SETTING TABLES BAKING GROUP BEAN BAG TOSS BEACH BALL TOSS MUSIC APPRECIATION	9:30 Coffee / Current Events 10:00 UNO 11:00 Best Age Exercise 12:00 Lunch 1:00 Shake loose Memory 2:00 Beach Ball Toss 2:30 Snack	9:30 Coffee / Current Events 10:00 Men's Group/ Baking M&M bars 11:00 Best Age Exercise 12:00 Lunch 1:00 Outing to 2:00 Collegeville 2:30 Apple Orchard	9:30 Coffee / Current Events 10:00 Poetry Group 11:00 Best Age Exercise 12:00 Lunch 1:00 Hand and Foot soaks 2:00 School Days 2:30 Snack-Trail Mix	9:30 Coffee / Current Events 10:00 Baking Apple Pie 11:00 Best Age Exercise 12:00 Lunch 1:00 What do I Need 2:00 Chicken Soup Reading 2:30 Snack- Apple pie	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Spa Day 2:00 Leaf Craft pg 17 '08 2:30 Snack	CONNECT FOUR TRAVEL BACK IN HISTORY SKIP-BO ROLLING SILVERWARE SMALL APPLIANCE - REPAIR STATION ROLLING YARN
MEDITATION/DEVOTIONS SPONGE PAINTING ART MURALS DRAWING AND PAINTING YHATZEE KITCHEN BUSY BOX	9:30 Coffee / Current Events 10:00 UNO 11:00 Best Age Exercise 12:00 Lunch 1:00 Doorknob hanger 2:00 Craft pg 25 '02 2:30 Snack	9:30 Coffee / Current Events 10:00 Men's Group/ Baking Double Choc Brownies 11:00 Best Age Exercise 12:00 Lunch 1:00 Pool @ 2:00 Whitney Senior 2:30 Center	9:30 Coffee / Current Events 10:00 Poetry Group 11:00 Best Age Exercise 12:00 Lunch 1:00 Inservice w/ 2:00 Brianna 2:30 Snack-Cup Cakes	9:30 Coffee / Current Events 10:00 Scrapbooking 11:00 Best Age Exercise 12:00 Lunch 1:00 Sept. puzzle sheets 2:00 Sequence 2:30 Snack-Smores	9:30 Coffee / Current Events 10:00 Bingo 11:00 Best Age Exercise 12:00 Lunch 1:00 Spelling Bee 2:00 Folding 2:30 Snack-Cheese Kabobs	CLIP/SORT COUPONS POETRY MATH WORKSHEETS PROVERBS & SIMILES WEDDING MEMORIES
TOOLS OFFICE WORK AUTOMOBILE BUSY BOX MENDING BUTTONS LACING BASEBALL FARMING	9:30 Coffee / Current Events 10:00 UNO 11:00 Best Age Exercise 12:00 Lunch 1:00 Sensory Box 2:00 Paper Stamping 2:30 Snack	9:30 Coffee / Current Events 10:00 Men's Group/ Baking Apple Crisp 11:00 Best Age Exercise 12:00 Lunch 1:00 Recipe Holder Craft 2:00 Happy Hour w/ Louise 2:30 Snack-Apple Crisp with Ice Cream	9:30 Coffee / Current Events 10:00 Poetry Group 11:00 Best Age Exercise 12:00 Lunch 1:00 Spa Day 2:00 outside walk 2:30 Snack	Back to School month 		Flower: Aster Stone: Sapphire Color: Brown

