





MARCH 2009

St. Cloud, Minnesota



TALAHI ADULT DAY SERVICES



LOUNGE ACTIVITIES	MON	TUE	WED	THU	FRI	LOUNGE ACTIVITIES
QUILT SQUARES RUMMY 500 CRAZY 8 WORD FINDS SHAKE LOOSE A MEMORY FLASH CARDS WORD STORM	9:30 Current Events 10:00 Bean bag toss 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Farming 2:00 6.5.4 2:30 Snack	9:30 Current Events 10:00 Baking 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 March Fun Facts 2:00 Nail Care/Hand Soaks 2:30 Snack	9:30 Current Events 10:00 Shamrock craft 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Hand and Foot Soaks 2:00 Manicures 2:30 Snack	9:30 Current Events 10:00 Talahi Companions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Woodworking 2:00 Picture books 2:30 Snack	9:30 Current Events 10:00 Bingo with Janet 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Good old days 2:00 Indoor golf 2:30 Snack	SCHOOL DAYS SPA LOUNGE JEWELRY COLLECTION MOVIES BOOKS AND MAGAZINES SCRABBLE SEQUENCE
	2	3	4	5	6	
PHOTO REMINISCING HAND SOAKS FOOT SPA PLANTING POTS ARRANGING FLOWERS SPELLING BEE	9:30 Current Events 10:00 Meditation/ Devotions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Trains 2:00 Beachball Toss 2:30 Snack	9:30 Current Events 10:00 Creative Arts 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Nature Games 2:00 Scrabble 2:30 Snack	9:30 Current Events 10:00 Word finds 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Family Feud 2:00 Category Word Storm 2:30 Snack	9:30 Current Events 10:00 Baking 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Arm chair travel 2:00 to Ireland 2:30 Snack	9:30 Current Events 10:00 Shake loose a memory 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Jewelry and more 2:00 Facials/Farming 2:30 Snack	WOOD SANDING CERAMIC PAINTING PAPER STAMPING RELAXATION/REST UNO SNACK MAKING BOGGLE
	9	10	11	12	13	
FOLDING CLOTHES SORTING SEA SHELLS SETTING TABLES BAKING GROUP BEAN BAG TOSS BEACH BALL TOSS MUSIC APPRECIATION	9:30 Current Events 10:00 Stamping 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Painting 2:00 Photo Reminiscing 2:30 Snack	9:30 Current Events 10:00 What do I need? 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Whitney Jam 2:00 Session	9:30 Current Events 10:00 Craft 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Delores's Birthday 2:00 Party 2:30 Snack	9:30 Current Events 10:00 Talahi Foster Com- panions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Yahtzee 2:00 Cards and puzzles 2:30 Snack	9:30 Current Events 10:00 Bingo with Janet 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 First Day of Spring 2:00 Trivia 2:30 Snack FIRST DAY OF SPRING	CONNECT FOUR TRAVEL BACK IN HISTORY SKIP-BO ROLLING SILVERWARE SMALL APPLIANCE - REPAIR STATION ROLLING YARN
	16	17	18	19	20	
MEDITATION/DEVOTIONS SPONGE PAINTING ART MURALS DRAWING AND PAINTING YHATZEE KITCHEN BUSY BOX	9:30 Current Events 10:00 Reminiscing 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Bean bag toss 2:00 Ring toss 2:30 Snack	9:30 Current Events 10:00 Baking 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 6.5.4/crazy 8's 2:00 Did you know? 2:30 Snack	9:30 Current Events 10:00 Uno 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Hand and Foot Soaks 2:00 Manicures 2:30 Snack	9:30 Current Events 10:00 Creative Arts 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Poetry 2:00 Office work 2:30 Snack	9:30 Current Events 10:00 Shake loose a memory 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Movie and 2:00 Popcorn 2:30 Snack	CLIP/SORT COUPONS POETRY MATH WORKSHEETS PROVERBS & SIMILES WEDDING MEMORIES
	23	24	25	26	27	
TOOLS OFFICE WORK AUTOMOBILE BUSY BOX MENDING BUTTONS LACING BASEBALL FARMING	9:30 Current Events 10:00 Trivia 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Traveling 2:00 Bean Bag Toss 2:30 Snack	9:30 Current Events 10:00 Parachute Games 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and Relaxation 1:00 Scenic 2:00 Drive 2:30 Snack	March is National Craft Month 	Daylight Savings on March 8th 	Happy Birthday to Delores on March 21st 	
	30	31				

