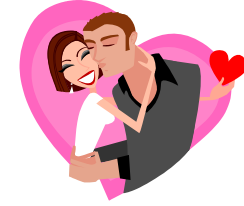



FEBRUARY 2009

St. Cloud, Minnesota



Talahi Adult Day Services



LOUNGE ACTIVITIES	MON	TUE	WED	THU	FRI	LOUNGE ACTIVITIES
QUILT SQUARES RUMMY 500 CRAZY 8 WORD FINDS SHAKE LOOSE A MEMORY FLASH CARDS WORD STORM	9:30 Current Events/Coffee 10:00 All about Football 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 After Superbowl 2:00 Party 2:30 Snack	9:30 Current Events/Coffee 10:00 Good old days 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Keeping you're heart 2:00 smart discussion 2:30 Snack	9:30 Current Events/Coffee 10:00 Clipping and sorting 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Parachute Fun 2:00 Indoor Golf 2:30 Snack	9:30 Current Events/Coffee 10:00 Talahi Companions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Treasure Hunt 2:00 Classic Cars 2:30 Snack	9:30 Current Events/Coffee 10:00 Bingo with Janet 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Books and magazines 2:00 Hand and foot soaks 2:30 Snack	SCHOOL DAYS SPA LOUNGE JEWELRY COLLECTION MOVIES BOOKS AND MAGAZINES SCRABBLE SEQUENCE
PHOTO REMINISCING HAND SOAKS FOOT SPA PLANTING POTS ARRANGING FLOWERS SPELLING BEE	9:30 Current Events/Coffee 10:00 Word Finds 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Name that tune 2:00 Small appliance repair 2:30 Snack	9:30 Current Events/Coffee 10:00 Farming 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Game 2:00 Day 2:30 Snack	9:30 Current Events/Coffee 10:00 6,5,4 dice 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Family Feud 2:00 Spelling bee 2:30 Snack	9:30 Current Events/Coffee 10:00 Talahi Companions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Shake loose a memory 2:00 Tools and more 2:30 Snack	9:30 Current Events/Coffee 10:00 Valentine Craft 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Fondue Sampling/ Chocolate Trivia 2:00 Candy Heart Toss 2:30 Snack	WOOD SANDING CERAMIC PAINTING PAPER STAMPING RELAXATION/REST UNO SNACK MAKING BOGGLE
FOLDING CLOTHES SORTING SEA SHELLS SETTING TABLES BAKING GROUP BEAN BAG TOSS BEACH BALL TOSS MUSIC APPRECIATION	9:30 Current Events/Coffee 10:00 Good old days 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Paper stamping 2:00 UNO 2:30 Snack	9:30 Current Events/Coffee 10:00 This day in history 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Whitney Jam 2:00 Session 2:30 Snack	9:30 Current Events/Coffee 10:00 Craft 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Proverbs and similes 2:00 Art work 2:30 Snack	9:30 Current Events/Coffee 10:00 Baking(Apple Enchilada Dessert) 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Armchair travel 2:00 to Mexico!!! 2:30 Snack	9:30 Current Events/Coffee 10:00 Reminisce 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Riddle's 2:00 Hand and foot soaks 2:30 Snack	CONNECT FOUR TRAVEL BACK IN HISTORY SKIP-BO ROLLING SILVERWARE SMALL APPLIANCE - REPAIR STATION ROLLING YARN
MEDITATION/DEVOTIONS SPONGE PAINTING ART MURALS DRAWING AND PAINTING YHATZEE KITCHEN BUSY BOX	9:30 Current Events/Coffee 10:00 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Wedding Memories 2:00 Bean bag toss 2:30 Snack	9:30 Current Events/Coffee 10:00 Snack making 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Beach ball toss 2:00 Happy Hour w/Louise 2:30 Snack	9:30 Current Events/Coffee 10:00 Spring Collage 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Movie and 2:00 Popcorn 2:30 Snack	9:30 Current Events/Coffee 10:00 Talahi Companions 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Jackie Gleason 2:00 Fun facts /trivia 2:30 Snack	9:30 Current Events/Coffee 10:00 Shake loose a memory 11:00 Best Age Exercise 12:00 Lunch 12:30 Rest and relaxation 1:00 Beach ball toss 2:00 Hand and foot soaks 2:30 Snack	CLIP/SORT COUPONS POETRY MATH WORKSHEETS PROVERBS & SIMILES WEDDING MEMORIES
TOOLS OFFICE WORK AUTOMOBILE BUSY BOX MENDING BUTTONS LACING BASEBALL FARMING	1st - Super Bowl 3rd - American Heart month 12th - Lincoln's Birthday		14th - Valentines Day 16th - Presidents	20th - Riddle Day 26th - Jackie Gleason's B-Day	